



**COUNTRY PLUS**

John & Freida Utzig  
(815)389-3366

Website: [www.countryplus.org](http://www.countryplus.org)  
E-mail: [countryplus@sbcglobal.net](mailto:countryplus@sbcglobal.net)

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Specializing in  
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To All Types of Music

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## Runaway Bay

Choreographed by Dan Albro

**Description** 32 count, low intermediate partner/circle dance  
**Music** On & On by Stephen Bishop (105 bpm)  
**Position** Indian Position, facing OLOD. Same feet except where noted  
**Intro** 16

### CROSS/ROCK, SHUFFLE SIDE, WEAVE (LOD)

- 1-2-3&4 Cross/rock left over, recover to right, chassé side left-right-left  
5-6-7-8 Cross right over, vine left

### LADY TURNS, ROCKING CHAIR, LADY TURNS

- 1-4 MAN: Turn  $\frac{1}{4}$  left and rock right forward, recover to left, rock right back, recover to left

*On count 1 man's right hand goes over lady's head*

LADY: Turn  $\frac{1}{4}$  left and step right forward, turn  $\frac{1}{2}$  left (weight to left), rock right forward, recover to left

- 5-8 MAN: Rock right forward, recover to left, rock right back, recover to left  
LADY: Rock right back, recover to left, step right forward, turn  $\frac{1}{2}$  left (weight to left)

*On count 7 man releases left hands*

*On count 8 reconnect hands*

### 2 SHUFFLES FORWARD, 2 SHUFFLES TURNING FULL TURN LEFT

- 1&2-3&4 Chassé forward right-left-right, chassé forward left-right-left  
5&6-7&8 Chassé forward right-left-right turning  $\frac{1}{2}$  left, chassé back left-right-left turning  $\frac{1}{4}$  left

*On count 5 release left hands and bring right hands over lady's head.*

*On count 6 release right hands and bring left hand over lady's head*

*On count 8 pick up left hands*

### ROCK, $\frac{1}{4}$ TURN, SHUFFLE SIDE, WEAVE (RLOD)

- 1-2 Rock right forward, recover to left  
3&4 Turn  $\frac{1}{4}$  right and chassé side right-left-right  
5-8 Cross left over, vine right

REPEAT